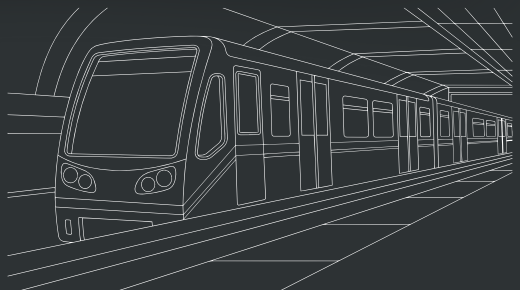




HLALANI KUHLE
RUGARE MEDICAL
Taking care of your Health.

METRO PLAN



Hlalani Kuhle/Rugare Medical is *more than* medical aid!

Effective cover for your family, and more!



Access to a wide range of medical facilities & services

We give you access to a vast world of medical services! From general practitioners and specialists to radiology services, and pharmacies - you've got coverage.



Wellness and health risk management program

Stay pro-active about healthy living and lifestyle with ongoing fitness and wellness activities designed to keep you fit, active and smiling. Included in all our packages!



Hospital Cash Back plan

We'll pay a discretionary cash amount for the inconvenience of a hospital stay exceeding two days through our hospital cash back plan. That's real value!



Bereavement Token

In the event of a member's death, we offer a star bereavement token to assist dependents with expenses. Our claims process is swift, smooth, and hassle-free.



Great value at a great subscription!

\$15⁰⁰

USD, PER MONTH

Principal/Spouse/
 Adult Subscription
 Child Dependent
 Subscription

PLAN BENEFITS

BENEFITS	METRO PLAN
Type of Hospital	Nectacare facilities , Group C -F, Municipal Clinics, Government and Mission Hospitals
Annual Benefit limit	5,000.00
Hospitalisation	1,900.00
Chronic Medication	200.00
Acute Medication	150.00
Dental –Treatment incl. fillings, extractions & periodontics	150.00
Optical plus Refraction (2-year benefit)	100.00
Prosthesis & Appliances	250.00
Pathology	150.00
Radiology	500.00
Bereavement Token	300.00
Hospital cash-back daily payout (after 48 hours)-	
Adult	100.00
Child	50.00

Note: All quoted benefits are in USD

Terms and conditions apply



Bringing your healthy smile back!

CONTRIBUTION

BENEFIT	SME's	SMALL CORPORATE	LARGE CORPORATE
NUMBER OF PRINCIPAL MEMBERS	5 to 19	20 - 49	50+
Consultations	Months 3	Waiver	Waiver
General Practitioners	Months 3	Waiver	Waiver
Acute Medication	Months 6	Waiver	Waiver
Dental	Months 6	Waiver	Waiver
Specialist Services	Months 6	Waiver	Waiver
Diabetes	Months 6	Waiver	Waiver
Hyper tension	Months 6	Waiver	Waiver
Asthma	Months 6	Waiver	Waiver
HIV/ AIDS	Months 6	Waiver	Waiver
Ar thritis	Months 6	Waiver	Waiver
General Scans and X-rays	Months 6	Waiver	Waiver
Congestive Cardiac Failure	Months 6	Waiver	Waiver
Hospitalisation	Months 6	Waiver	Waiver
Minor surgeries (e.g. appendix, tonsil removal)	Months 6	Waiver	Waiver
Auxiliary Services	Months 6	Waiver	Waiver
Contraceptives	Months 6	Waiver	Waiver
Ambulance	Months 6	Waiver	Waiver
Prosthesis	Months 6	Waiver	Waiver
Psychiatric/Psychology	Months 6	Waiver	Waiver
Physiotherapy	Months 9	Waiver	Waiver
Maternity	Months 12	Waiver	Waiver
Optical Benefit	Months 12	Waiver	Waiver
MRI , PET and CT Scans	Months 24	Waiver	Waiver
Thyroidectomy	Months 24	24 Months	Waiver
Head Surgery	Months 24	24 Months	Waiver
Spinal Surgery	Months 24	24 Months	Waiver
Organ Transplant	Months 24	24 Months	Waiver
Knee and Hip Replacement	Months 24	24 Months	Waiver
Lupus	Months 24	24 Months	Waiver
Chemotherapy / Radiotherapy	Months 24	24 Months	Waiver
Haemodialysis	Months 24	24 Months	Waiver
Orthodontic Treatment	Months 24	24 Months	Waiver
Major Surgeries	Months	24 Months	Waiver

**SPECIAL
PRICE**

Bringing your healthy smile back!



Sign up for the Metro Plan **today!**

Visit the website or scan the QR code to get started



Get in touch



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